

Serve and Share (S2) Reflection and Action:

Pray for Christian workers ministering in the Middle East to displaced people and victims of the effects of war in many places in the region. Trust the Lord for protection of His children, and that the work of the Gospel will accelerate because of the present situation.



Shift #2: From Anxiety to Living Hope
Acts 16:16-30

Chris Schultz
April 19, 2026

Notes:

1. What is our normal reaction to difficult circumstances?
2. How does worship shift our anxiety to hope?
3. How does our worship bring about a shift in others?



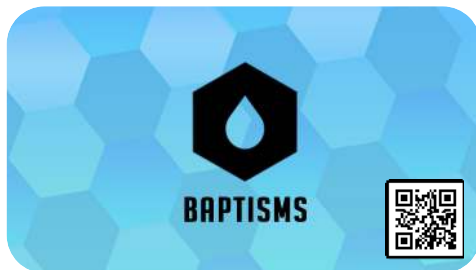
CONNECT WITH US

Are you new here, have a prayer request, or want to learn more? We're here for you! Just scan the code, fill out a quick form, and someone will get back to you.

UPCOMING EVENTS

To be baptized on **Sunday, May 17**, attend the class on **Sunday, May 3** covering beliefs and logistics. Sign up online.

Summer Quest is for kids preschool—6th grade **June 8-12**. We're looking for more adult and teen volunteers! Sign up online.



Foothills Bible Church

6100 S Devinney Way
Littleton, CO 80127

Service Times

Sunday Mornings
9:00 & 10:30 a.m.

Contact Us

303-904-4322
FoothillsBibleChurch.org

Get the App! Use sermon notes online!



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The Week of April 19, 2026

Growth Groups, or G2s, are a small group of people who meet weekly to study, share, and support one another in their Christian lives. This is the main way that we connect, study the Bible together, and grow as a community where we are known and cared for. These questions are designed to guide you in your weekly G2 gathering. Check out open groups online!



Big Idea: When we turn to God in worship He shifts our heart from anxiety and fear to living hope.

Prepare: Listen to the sermon (if you haven't already), read Acts 16:16-30, Psalm 119:57-64, and 1 Peter 1:3, and spend a few minutes praying for your group.

Connect: If your life had a soundtrack this past week, what song would be playing?

Discuss:

HEAD: WHAT DOES THE BIBLE SAY?

1. What stood out to you from this week's sermon?
2. Read Philippians 4:6-7 aloud as a group. What changes (and what doesn't) when we bring our requests to God?
3. Read Psalm 42:5 and Romans 8:18 aloud as a group. How do these passages help us understand sorrow and suffering from a biblical perspective?

HEART: HOW DOES THIS CHANGE MY ATTITUDES AND AFFECTIONS?

1. When hardship hits, what response do you tend to default to (fear, anger, numbness, anxiety, etc.)?
 - a. What promise of God can you sing to your soul instead?
2. Read 1 Peter 1:3 aloud as a group. How have you experienced Jesus as your "living hope" in the past few months?

HANDS: WHAT IS THIS PASSAGE ASKING US TO DO?

1. What is one specific situation you can intentionally choose worship over worry this week?
2. Is there someone in your life you've seen shift towards a more gospel-centered life? Connect with them this week and encourage them. Tell them where you've seen God at work in them!