

## HANDS: WHAT IS THIS PASSAGE ASKING US TO DO?

1. What would it look like this week if you allowed exposure of sin to lead you towards Jesus rather than shame or guilt?

2. Who is one person you can intentionally serve this week from a place of Gospel freedom? How will you do that?

## SERVE AND SHARE (S2) REFLECTION AND ACTION:

The Gospel freedom that we've been given invites us into a life of mission—in your neighborhoods, workplaces, and campuses. As you drive by different schools this week, pray for the staff and families. As you walk from the parking lot into work this week, pray for your co-workers to know the wonders of God's grace. As you watch the news or scroll social media, pray for the world to be awakened to the goodness of Jesus.

Do you long to hear from God through His Word, but don't know where to begin? Join us **March 2 – April 6**, Mondays at 6:00 p.m.

Through God's Word, we'll examine our hearts' relationship with money at any income level. Thursday evenings, **March 5 – 19** at 6:30 p.m.



Galatians #6: Why Then the Law?  
Galatians 3:15-29

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February 8, 2026

### Notes:

1. Why then the law?

2. The law exposes our sin.

3. The law leads us to Christ.

## The Week of February 8, 2026

These questions are designed to guide you in your weekly Growth Group gathering. Discuss them with people in your life to help you deepen your faith and grow in community. Not in a Growth Group? Check out our open groups at [foothillsbiblechurch.org/growth-groups](http://foothillsbiblechurch.org/growth-groups).



**Big Idea:** The Law was given to expose our sin and point us to Jesus.

**Prepare:** Listen to the sermon (if you haven't already), read Galatians 3, and spend a few minutes praying for your group.

**Connect:**

What's something you tried to be really good at, but it just never clicked?

**Discuss:**

**HEAD: WHAT DOES THE BIBLE SAY?**

1. What stood out to you about this week's sermon?

2. Read Galatians 3:19 and Romans 5:20-21 aloud as a group. How can awareness of sin and grace increase together?

a. How does the law and grace interact in God's plan today?

3. Read Genesis 12:1-3 and Genesis 15:5-6 aloud as a group. How does God's promise to Abraham and Abraham's response relate to Jesus?

**HEART: HOW DOES THIS CHANGE MY ATTITUDES AND AFFECTIONS?**

1. How do you first respond when your sin is exposed: defensiveness, shame, hiding, repentance, etc.?

2. In what part of life do you still feel like you're carrying a backpack of bricks?