#3 – Breaking the Chain of Desire

Galatians 5:16-18
Shawn Peterson

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*The same power that raised Jesus from the dead is available to give you
freedom from anything that’s got you chained.*

What does research say about desire?

What does the Bible say about desire?

How do we break the chain of desire?

**Growth Group Preparation Questions**

For the week of April 14, 2019

Prepare for your Growth Group discussion by taking some time (about 20-30 minutes) to go through the following Growth Group Questions (G2Qs) and be ready to share your thoughts and answers with your group. Have a great time growing in your relationship with the Lord and with others!

**Getting to know You**

1. What are you most grateful for, right now, in this moment?
2. Is there anything uncomfortable that you purposefully do or engage in because you know that it makes you better?

**goING DEEPER and Taking it home**

1. Looking back at your sermon notes for the past week, what particularly caught your attention, was new, challenging or confusing to you?

1. What does it look like when a desire begins to control someone's life?
2. Identify some of your desires that have the potential to become over-desires.
3. What is the typical source of your over-desires? (Power, Control, Comfort, Approval)
4. Read Galatians 5:16-18; 22-26. Describe your understanding of what it means to "walk by the Spirit."
5. Ephesians 1:18-20 is the foundation passage for our Breaking Chains series. Take some time this week to pray this Scripture over your life, your family, and your G2.