#2 – Breaking the Chain of Anger

2 Samuel 12:1-6   
Shawn Peterson

April 7, 2019

*The same power that raised Jesus from the dead is available to give you freedom from anything that’s got you chained.*

What does research say about anger?

What does the Bible say about anger?

How do you break the chain of anger?

**Growth Group Preparation Questions**

For the week of April 7, 2019

**Welcome to the Spring Growth Group Session!**

This week kicks off the Spring Growth Group session at Foothills Bible Church. We are excited that you are in a G2 and are praying that you have a great time with your group as you grow in your relationship with God and with others.

If you didn’t get a chance to join a Growth Group yet, go online or give the church a call this week and we’ll help you get plugged in.

Use the following to get to know those in your group, to get ready for your group’s discussion, and to dig deeper into and apply some of the topics of the sermon.

**Getting to know You**

1. What are your classic signs of fear or anxiety?
2. What are your classic signs of anger?

**goING DEEPER and Taking it home**

1. Looking back at your sermon notes for the past two weeks, what particularly caught your attention, was new, challenging or confusing to you?

1. Write down what is currently causing you to fear. (Be specific.)

What do these fears show you that you are treasuring?

1. How have you experienced “flipping the script from fear to faith” in the past week or so?
2. What do you think about the statement that: *“Anger is energy released to defend and preserve something?”*

1. What does it mean or look like to be slow to anger? What insight does Proverbs 19:11 provide?

1. When or how do people wrongly justify their anger?

1. Think about how you fuel anger or are an agent of peace in your neighborhood.

**Growth Group Prayer Requests:**